soothe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide	Vegan	Vegetarian
Breakfast																
Apple Cinnamon Overnight Oats		X														X
Lemon & Poppy Seed Overnight Oats		X														X
Cherry Overnight Oats		X														X
Granola Yoghurt Pots		X														X
Bacon & Egg Rolls		X		X												
Smoked Salmon & Cream Cheese Rolls		X			X		X									
Avocado & Tomato Rolls		X													X	X
Tropical Fruit Platter															X	X
Croissant Box		X					X									X
Fresh Pastry Platter		X					X									X
Breakfast Platter Selection		X					X									X
Sandwich Platters																
Chicken & Avo		X														
Roasted Pepper & Hummus		X													X	X
Ham & Cheese		X					X									
Mozzarella Pesto		X					X									X
Smoked Salmon		X			X											
Italian Salami		X														
Wrap Platters																
Curried Chicken		X														
Falafel Wrap		X													X	X
Tuna & Greens		X			X											
Chimichurri Steak		X														
Set Trays																
Steak Set Tray		X										X	X	X		
Chicken Set Tray		X					X							X		
Salmon Set Tray					X		X						X	X		
Mushrooms Set Tray	X	X								X		X	X	X	X	X
Falafel Set Tray		X													X	X
BBQ Chicken Set Tray		X			X		X		X							
Protein																
Steak																
Salmon					X											
Chicken																
King Oyster Mushrooms		X											X		X	X
Falafel															X	X
BBQ Chicken		X			X				X							
Carbohydrates																
New Potatoes															X	X
Basmati Rice	X														X	X
Sweet Potato Risotto		X					X								X	X
Miso Noodles	X	X											X	X	X	X
Mac and Cheese		X					X		X							X
Salads																
Edamame Bean Salad													X	X	X	X
Grain Salad		X								X				X	X	X
Asain Slaw		X										X	X	X	X	X
Baby Leaf Salad														X	X	X
Beetroot Salad							X									X
Watermelon & Feta																
Caesar Salad																
Warm Sides																
Easy Greens														X	X	X
Tenderstem Broccoli															X	X
Honey Glazed Carrots														X	X	X
Curried Cauliflower															X	X
Platters																
Gourmet Graze	X	X					X									X
Cured Charms	X	X					X									
Perfect Pairing	X	X					X									
Sauces																
Chimichurri														X	X	X
Teryaki		X										X	X	X	X	X
Garlic & Herb				X			X		X					X		X
Sriracha Mayo															X	X
Smoothies																
Green Machine										X					X	X
Berry Blast										X					X	X
Tropic Thunder															X	X
Blue Storm										X						
Peach Punch										X					X	X
Shakes																
Chocolate Protein Shake							X			X	X					X
Strawberry & Mint Protein Shake							X			X						X
Pistachio & Matcha Protein Shake							X			X						X
Coconut & Kiwi							X									X
Drinks																
Cano Still Water															X	X
San Pellegrino Sparkling Water															X	X
Diet Coke															X	X
Coca Cola															X	X
Shots																
Ginger & Cranberry Shot															X	X
Desserts																
Brownie		X		X			X									X
Pistachio Millionaire Shortbread		X		X			X									X